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Fall 2010

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*Dear Faithful Friend,***United Way & Northfield**

Are you a United Way supporter? If so, make sure that your United Way dollars get to Northfield Foundation. You can designate your United Way donations to Northfield Foundation by using code 7603. Your support is doing amazing things through Northfield. Thank you!

**Did You Know...**

that many companies offer matching cash gifts

I continue to be amazed by God. He keeps sustaining this ministry through your prayers, your financial gifts and your time. He keeps giving us new opportunities to minister to young women who are hurting. He keeps proving over and over again that His Word—Truth—still transforms and heals. He renews my passion for freedom and abundant life every time I see a girl start to grasp it for herself. It thoroughly excites me when one girl "gets it" and then turns around to sow encouragement and hope into another girl's life.

Life is such a gift. Most of us do not realize how difficult it is for some people to simply get out of bed because of depression, or for some to eat *anything*, or for many to believe that God's forgiveness and mercy could possibly extend to them too. Eating disorders rarely, if ever, start with the thought, "I want an eating disorder so I think I will skip meals today." Rather they are rooted in a place of deep emotional pain. Those deep roots spread until the disorder takes on a "life" of its own, stealing the gift of true life that God has given each of us. Northfield is all about helping each girl find her God-given purpose and hope again; helping her to reclaim what is rightfully hers – abundant life.

The fact that this ministry is alive is a tribute to each of you. And you can continue to help us by telling someone else about Northfield. Here is what happens when we spread the word:

- The Northfield Club at Trinity Episcopal High School joined us for a recent workday. Thanks to all who came out!
- On November 7th we hosted a "Worship & Workday" for college students at the Northfield Home. We had a total of 120 students from the following schools: Longwood, University of Richmond, VCU, and Liberty. There were also 30 additional volunteers. These folks completed many grounds maintenance tasks as well as clean-up inside the Home. Thanks to those of you who helped provide food for this workday!
- During the second weekend in November, Christine and her "Curtain/Upholstery Ladies" finished up the last of the upholstery projects in the Home and painted several bathrooms. They also painted furniture, hung lighting fixtures, and so much more! The place looks even more amazing, thanks to all of these wonderful friends.

With all of this support to finish the home, we keep pressing closer than ever to opening day, on the most limited renovation budget imaginable.

We are asking you to pray about donating to Northfield Ministries. If you are called to give financially to take us to the next step, "THANK YOU!" ([To donate now click here.](#)) If you can give of your time and skills to finish the house renovations, "THANK YOU!" ([For the complete project list click here.](#)) If you pray for Northfield,

toward their employees' non-profit donations?

One local business, for example, will match cash or securities donations for any 501(c)3 up to \$5000 per year. Donors simply present their Northfield tax receipt letter by March 31 of the year following the contribution.

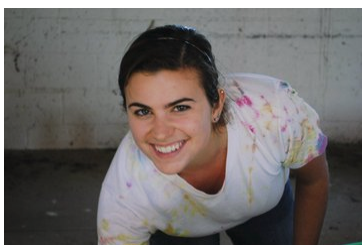
Many employers offer similar matching programs. So check with your employer to see if, together, you can stretch your contribution to Northfield Ministries a little bit farther!

### Save the Dates...

**Northfield's 2nd Annual Golf Tournament:  
Friday May 6, 2011**

**Northfield's 1st Annual Run/Race:  
Saturday May 7, 2011**

More information to follow soon!



whether on your own or as a part of our Prayer Council (*see article*), "THANK YOU!" For **all** of your in-kind gifts, "THANK YOU!" Every one of you who has supported Northfield at some level has sown into this ministry and you share in the joy of lives being reclaimed by God, for His glory. God keeps strengthening us so that we can lift others up before Him.

Will you consider how you might lift up the ministry of Northfield? We are in this for the long haul. There is no going back. We must press on to win the prize for which Christ has called us. It is the abundant life found through Christ that beckons us to share this hope with others who need it so.

All for God's Glory,

Gwen Seiler  
Founder & Executive Director

***"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." Galations 6:9***

### J's Future, Without the Black Veil

One year ago, J was captive to thoughts & behaviors destroying her life, unable to hold down a part-time job or take even one class. Now, J holds a full-time job and is completing her degree as a full-time, online student. She is ministering to other hurting young women; the ripple effect is amazing to watch as she has taken what she has learned and is passing it on to others.

To read J's article, "Black Veil" in our summer 2010 newsletter [click here](#).

### God's Gift through Northfield

By "A"

From Northfield, I've learned that I have both inward **AND** outward beauty. Prior to Northfield, I only cared about my outward beauty; how I looked and what others saw. I scrutinized every inch of my body with a fine-tooth comb. I was so consumed with the outward beauty that I neglected to see my inward beauty. I hated the things about myself that others loved and said made me beautiful. Now I can see that it's my INWARD beauty that matters more than my outward appearance EVER will. God doesn't look at who I am on the outside. He looks at my heart. And He thinks I am Beautiful. He is enthralled with my Beauty. He made me the way He wanted me to be, and He made me different from everyone else for a reason. Northfield helped me see that it's not what man sees that matters, but it's what God sees that TRULY matters.

### The Home Stretch

With less than \$45,000 needed to complete work on the kitchen to the Northland Home, we are almost ready to open our doors.

Once the kitchen is fully renovated, Northfield will begin seeking qualified candidates to staff the home. In addition, we will then be able to open the Home for weekend retreats and community awareness programs. This step will provide us with an opportunity to raise the additional funding needed to complete the Northfield Home and finally open to the girls

### **Northfield Ministries Mission Statement**

Northfield Ministries embraces young women and their families where they are, embarks with them on a journey of restoration and healing, and empowers them with the knowledge to break free.

### **Northfield Ministries Vision Statement**

By journeying with Northfield Ministries, young women and their families will know good health, well-being and an abundant life.

### **Northfield Ministries Board Members**

Skip Windbeil  
*Chief Financial Officer*

Catherine Boyle  
*Chief Operating Officer*

Gwen Seiler

Sig Seiler

Patricia Harper

Sherry Shrader

Dennis Stone

Tom Mishoe

Patricia Mills

we are here to serve.

If you would like to help by sponsoring kitchen appliances or cabinets, or by providing a scholarship for a young woman's stay, please contact Gwen at [gseiler@northfieldfoundation.org](mailto:gseiler@northfieldfoundation.org).

To view recent renovations to the Northfield Home or for a complete list of current projects [click here](#).

## **Northfield's Prayer Ministry Goes Coastal**

The Northfield Ministries Prayer Team is covering some territory! Members of the team meet twice a month to pray for the foundation's needs, the Northfield Home and most especially, for the young women who are presently served through Northfield's ministry. Currently there are 10 members of the prayer team who gather to pray as a group, but the team that meets together is just the tip of the iceberg.

Prayer Team coordinator, Brenda Bell says there is a larger team praying at home, many of whom do not even live in the area. "It's quite an impressive network," says Bell. "We have people on the prayer team from Virginia Beach to Georgia to Maryland!"

Bell says the extended team includes 6 people who are committed to pray at home daily, and 14 members who receive weekly e-mails so that they can pray specifically for each girl as she is added to the list or as her progress changes from week to week. With so many prayers spreading up and down the East Coast, the team got creative to in order to protect each girl's identity and keep all sensitive information strictly confidential.

Bell says the process of the prayer council is quite simple; and quite symbolic now, too. When someone contacts Northfield, Brenda Bell is notified. She then assigns the young woman a Biblical name. Members of the prayer team are only informed of each girl's situation by her assigned Biblical name. Each Northfield girl is, in turn, informed of her assigned Biblical name and the meaning behind the name. The prayer team hopes this will help each woman feel safely connected to her prayer support, and peacefully connected to God's promise of abundant life for her.

Bell knows there are many more people praying for Northfield Ministries, but who are not organized with her team. She encourages anyone who is interested in joining the Northfield Prayer Team to contact her at [4menandalady@comcast.net](mailto:4menandalady@comcast.net)

***"The glory of this present house will be greater than the former house," says the LORD Almighty. "And in the place I will grant peace," declares the LORD Almighty. Haggai 2:9***

## **How Can I Help?**

By Brad Dalton

As a member of Bon Air Baptist Church, I was first introduced to Gwen Seiler when she visited our Sunday School Class, *Salt & Light*. She shared with our class the vision she had for serving God through ministry and support to young ladies with eating disorders, depression, and unplanned pregnancies. I, along with the others in my class, immediately felt God leading

Gwen Seiler  
*Founder & Executive Director*

Erin White  
*Communications Consultant*

Christine Shepard  
*Northfield Home Coordinator*

### Jeremiah 29: 11-14

“For I know the plans I have for you,” declares the LORD, “plans to prosper you, and not harm you, plans to give you hope and a future. Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you,” declares the LORD, “and will bring you back from captivity.”

This holiday season, consider giving the gift of hope.

You can make a donation to Northfield Ministries in honor of your loved ones.

Give us the name and address of the individual you would like to honor and we will send out a card explaining that a donation has been made in his or her name.

It is a gift that will continue giving long after the holidays are over!

me to support this ministry.

Initially, I supported Northfield Ministries financially, but once I began physically helping with the renovations to the home, I felt the real impact and joy that comes from giving. Seeing God's work being done by so many different folks and witnessing the miracles and blessing received by Northfield was amazing. Although I always left the workdays at Northfield tired, I also felt joyful knowing what had been accomplished that day.

By the summer of 2009, I realized how badly Northfield needed a "signature event" to heighten the community's awareness of this wonderful ministry. I felt that if we could involve community and business leaders in a fund raising event, such as a golf outing, then we could increase the kinds of resources being offered to Northfield Ministries.

In October of that year, I decided that I would organize Northfield's first annual golf fundraiser. It was a success! We registered a total of 73 golfers and raised more than \$4,000. I'm excited about how the funds raised through this event will provide for so many young ladies in our community and surrounding areas. I believe God led me in my decision to take action and truly blessed this event.

It is my hope that this annual golf tournament will become a major fund raiser for Northfield Ministries. I hope it will continue to raise community awareness of the ministry and draw others from our area churches and businesses who will assume the lead in future Northfield endeavors. I am grateful I had the opportunity to give something back to this ministry and I would like to express my deep gratitude to all who offered prayer and support to make this a worthwhile event.

*Editors Note: Want to know how you can help Northfield Ministries? Northfield is currently recruiting volunteers in the following areas: event management, administrative support, and ministry team leaders. If you would like to learn more about these opportunities with Northfield Ministries, please contact Cathy Boyle at [catherine@catherineboyle.com](mailto:catherine@catherineboyle.com)*

### Northfield Ministries Is On the Move Again!

Northfield Ministries has a new office site, located in the heart of Richmond. Our new location in the Fan District provides us with spacious conference and meeting areas, as well as private rooms where our staff is able to meet confidentially with the young women we serve.

We are looking forward to expanding our ministry into the Fan and downtown communities!

For more information about our new downtown office, contact Gwen Seiler at [gseiler@northfieldfoundation.org](mailto:gseiler@northfieldfoundation.org), or call #399-4634.

*"Northfield Ministries...a place to break free."*  
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#804-399-4634  
[www.northfieldfoundation.org](http://www.northfieldfoundation.org)  
[gseiler@northfieldfoundation.org](mailto:gseiler@northfieldfoundation.org)

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