

PRESS RELEASE

FOR IMMEDIATE RELEASE
March 12, 2009

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Helping Girls in Crisis with Brunswick Stew

MIDLOTHIAN, Va. – On Saturday, April 4, 2009 Northfield Foundation will open its doors once again to host a large estate sale, yard sale and Brunswick stew to raise funds for the opening of its residential treatment facility. Northfield is a non-profit ministry which embraces young women who are facing challenges in life, such as eating disorders, unplanned pregnancies, depression, self-injury, and other issues. Northfield's Spring Fling event and auction will be held at Northfield plantation in Cumberland, from 9 a.m. until 4 p.m.

Martha's Mixture, Ltd., a long-standing leader in estate sales in the Richmond area, will be coordinating with Northfield Foundation on the estate sale.

The Powhatan United Methodist Church's *Movers and Shakers* will be preparing the Brunswick stew. Stew will be sold for \$7 a quart and can be ordered ahead or purchased on site.

Southworth Auto and Power Equipment will donate a new *Husqvarna* riding tractor to be raffled off, with all proceeds going to Northfield Foundation. Tickets for the drawing are \$1 each and the drawing will be held at Southworth Auto and Power Equipment at 1 p.m. that afternoon.

Northfield's Spring Fling will also feature games for children, a bake sale, and a Model-A Ford exhibition put on by the Old Dominion Model-A Club. Admission is free and all proceeds from the events will go towards opening the Northfield Home in Cumberland for girls in need in 2009.

To donate home or yard accessories, to schedule pick-up, or to find out more about Northfield's Spring Fling please contact Christine Shepard at xxxxx@verizon.net or by phone at (804) xxx-xxxx. Please no clothing, televisions, mattresses, or large exercise equipment. The Northfield Foundation is a 501(c) (3) non-profit and will issue a tax receipt for donations. Items not sold will be picked up by the Salvation Army.

Northfield Foundation...a place to break free,

189 Old Buckingham Road, Cumberland, VA 23040, www.northfieldfoundation.org